



## **THE FULL SPIRITUAL EXERCISES**

### **RETREAT IN EVERYDAY LIFE – 19<sup>th</sup> Annotation Retreat**

#### **Prerequisites**

- ⊕ Possess a genuine curiosity about God.
- ⊕ In the general habit of daily prayer and ready to commit to at least 30 minutes of prayer each day for the duration of the retreat (approximately 8 to 9 months).
- ⊕ Made at least one silent retreat.
- ⊕ Comfortable with the use of Sacred Scripture.
- ⊕ Open and receptive to ongoing spiritual direction.
- ⊕ Comfortable sharing the details of your prayer experience with a spiritual director.

#### **Application Process**

We accept applications beginning in June for a retreat which begins in late August. In addition to completing the application form and responding to the questions below, please provide the following:

- ⊕ A typed 3-to-4 page typed autobiographical sketch telling us about the important persons and events in your life and your faith journey. This will help us to know you and understand your desire to make this retreat at this time. In your autobiographical sketch please address the following:
  - Who is God for you?
  - When do you pray? How do you pray?
  - How has your knowledge of/relationship with God evolved over time?
  - By what names/images do you know or call upon God?
  - By what names/images does God know or call upon you?
- ⊕ If you currently see a spiritual director, please have him/her send us a letter, under separate cover to the address below, indicating his or her support of your making this retreat at this time.

- ⊕ If you do not presently see a spiritual director, please ask a spiritual mentor, spiritual friend, etc., who can attest to your readiness for consistent, deep prayer, as well as your ability to speak about your experience(s) with prayer.

## Interview

Prior to making a final decision on your application, we will arrange an in-person meeting to discuss your desire to make this retreat.

Please answer the following questions on a separate sheet. These questions are in addition to the required autobiographical sketch.

1. Are you familiar with Ignatian Spirituality? If so, please explain.
2. Why would you like to make a 19<sup>th</sup> Annotation Retreat at this time?
3. What are your desires/hopes as you consider making this retreat?
4. Have you ever had counseling or therapy? If so, please explain.
5. Presently, can you name any concerns or anxieties about making this retreat at this time?

## Retreat Fee: \$950

Please return all application materials **by August 15, 2021** to Ignatius House Jesuit Retreat Center, 6700 Riverside Drive, NW, Atlanta, GA 30328, or email to Maria Cressler at [mccressler@ignatiushouse.org](mailto:mccressler@ignatiushouse.org). Please be patient as we review your application. Expect to hear from us within 1-2 weeks to arrange an interview.

**Decision:** The 8 to 9 Month Retreat is a serious and sacred undertaking! Some are at a place in their life where they may not benefit from or be ready for this particular retreat format. Sometimes a shorter retreat option may be best, or some more preparation time in spiritual direction. Based on your application, your conversation with us, our retreat team may recommend the 19<sup>th</sup> Annotation format or may suggest the 5 or 8-Day retreats as an alternative before re-visiting this longer retreat in the future.

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**Application Form**  
**(Please Type or Print Clearly)**

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Address:

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Present Occupation: \_\_\_\_\_

Do you currently have a spiritual director? \_\_\_\_\_

If yes, how long have you been meeting? \_\_\_\_\_

Have you ever made a silent retreat? \_\_\_\_\_

If yes, kindly list when and what kind:

\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

An application for this retreat will require an in-person interview. Please list the best days and times of your availability for such an interview:

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If you are approved/selected for this retreat, will you be able to commit:

To a period of daily prayer? \_\_\_\_\_

To a weekly meeting with a Director? \_\_\_\_\_

What Day(s)/Time(s) might you be able to meet weekly with a Director?

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Please check below the place(s) that you would be able to meet with your Retreat Director. Please check all that would be possible.

- St. Thomas More Church
- Ignatius House Jesuit Retreat Center
- Virtually