



### 30-DAY SPIRITUAL EXERCISES RETREAT APPLICATION

Today's Date: \_\_\_\_\_ Start Date of Retreat: \_\_\_\_\_

Full Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Occupation / Ministry: \_\_\_\_\_

Religious Affiliation: \_\_\_\_\_ Age: \_\_\_\_\_

In case of an Emergency please contact:

Name: \_\_\_\_\_ Number: \_\_\_\_\_

**Prerequisites:** Applicants are expected to have made at least two 8-night Ignatian retreats, be currently in spiritual direction, engage in regular prayer, be comfortable using Scripture in their prayer, and be capable of maintaining the silence that is important for this retreat. We have found that this background and these experiences are important in helping retreatants be able to discuss comfortably their prayer experiences with a director.

**Application Process:** We accept applications on a rolling basis, and so we ask you to submit your application at your earliest convenience. In addition to completing the application form and responding to the questions below, please provide the following:

- A typed 4-5 page autobiographical sketch telling us about the important persons and events in your life and your faith journey. This will help us to know you better, and understand your desire to make this retreat at this time. In your autobiographical sketch please address the following:
  - o Who is God for you?
  - o How has your knowledge of/relationship with God evolved over time?
  - o By what names/images do you know or call upon God?
  - o By what names/images does God know or call upon you?
  - o If you were able to see yourself as God sees you, whom does God see?
- Please have your spiritual director send us a letter, under separate cover to the address below, indicating his or her support of your making this retreat at this time.
- For priests and/or religious, please have your superior, bishop, etc. send us a letter, under separate cover to the address below, endorsing you for this retreat.

**Interview:** Prior to making a final decision on your application, we will arrange a meeting to discuss your desire to make this retreat. While in-person is preferred, if you are out of state and unable to visit Ignatius House, one of our retreat directors will arrange a phone conversation.

Please answer the following questions on a separate sheet. These questions are in addition to the required autobiographical sketch.

1. What is your understanding of The Spiritual Exercises?
2. What prompts you to apply for this retreat at this time?
3. What are your desires/hopes as you consider making this retreat?
4. Please describe your current ministry/occupation.
5. Have you ever had counseling or therapy? If so, please explain.
6. Do you have any special health needs?
7. Who is your spiritual director at present, and how long have you been in direction?
8. Please list the dates, places, and directors of all eight-night, five-night (or longer) retreats you have made in the last five years.

Please return all application materials to Ignatius House, 6700 Riverside Dr., NW, Atlanta, GA 30328 or by email to [sotto@ignatiushouse.org](mailto:sotto@ignatiushouse.org). Please be patient as we review your application. Expect to hear from us within 2-3 weeks to arrange an interview.

### **A Word About Silence**

Ignatius House has scheduled weekend, 5-night, and 8-night retreats throughout the calendar year when our entire retreat center is dedicated to maintaining a sacred and silent atmosphere for retreatants. If you make a 30-day retreat with us, we cannot guarantee a totally silent atmosphere. We have parish groups and other mission-driven organizations that use our space for their own retreats all throughout the year, most of which are not silent.

While the surroundings may not be silent, we still deeply believe our retreat center is a sacred space to encounter God and settle into an inner silence that is so hard to find in the busyness of our day to day life.